

## Our goals

Involve the patient in the therapy recommended for them by providing clear and concise information. Provide appropriate support during treatment.

## Useful information

Consultations are available by appointment at the CHdN Monday to Friday and are free of charge.



Photo : Anne Lommel



**Breast Care Nurse**  
Breast disease care expert

## Our concept

The Breast Care Nurse (BCN) has specialised experience in breast care nursing and provides support and information to people with breast cancer and those who care for them.

As part of the multidisciplinary team, the nurse supports breast cancer patients through all stages of their illness, whether in hospital or in outpatient clinics.

Based on the diagnosis and proposed treatment, she will provide information and advice.

She explains how the treatment is carried out, going over the various procedures involved, such as the operating and recovery rooms, the postoperative care unit and nuclear medicine. She introduces the different professionals involved in the Multidisciplinary Team and explains their roles.

The BCN offers personalised support to each patient and, if requested, to those close to them. She responds to questions and concerns to the best of her ability.

She works closely with all members of the Multidisciplinary Team (doctors, nursing staff, psycho-oncologists, psychotherapists, social workers, dieticians, physiotherapists and self-help groups). This ensures optimal, personalized care based on the patient's expectations and needs for their particular situation.

## Our role

1. Assess the information and support needs of the patient and those who care for them.
2. Offer individualized support suited to the patient's life circumstances.
3. Be available to provide support when needed.
4. Provide ongoing consultation and support throughout all phases of the treatment.
5. Provide useful information, advice and recommendations for further reading, so that the patient and/or close friends and family can quickly find answers to their questions.
6. Coordinate appointments.
7. Be available for telephone consultations with patients and their caregivers.
8. Provide contact information for people, associations, self-help groups and other healthcare professionals (psycho-oncologist, social worker, dietician, care networks, etc.) who can help the patient and/or their carers and supporters.